RJS MOST CONSISTENT RUSHERS

Top 5 NFL Rushers by Rushing Consistency (RE Yards)
Week 4 2025 Regular Season

J.Croskey-Merritt 0.55
J.Dobbins 0.48
O.Hampton 0.4
E.Wilson 0.33
K.Williams 0.32

Relative Yards Per Carry

Data via @nflfastR | Visualization by @nflplotR
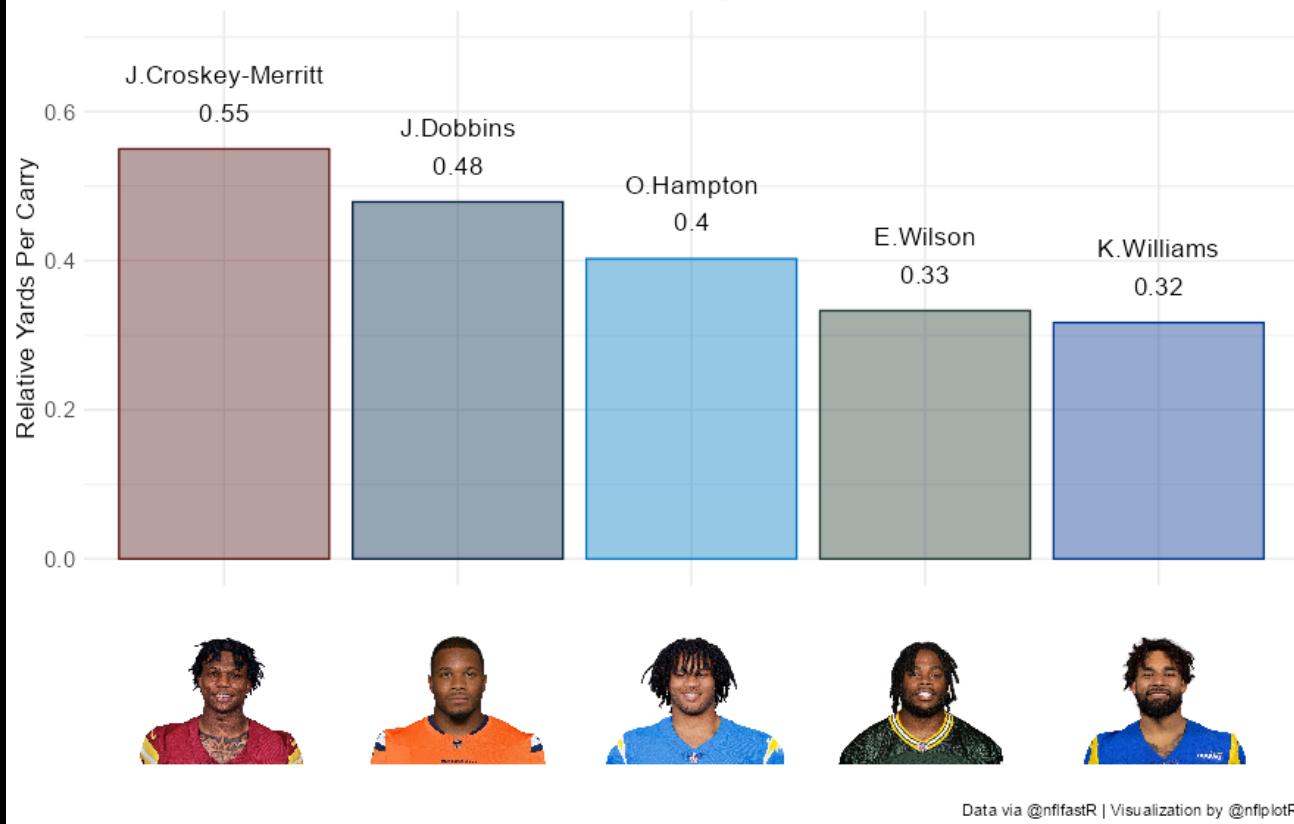
RELATIVE YARDS PER CARRY (RYPC) SHOWS HOW MUCH BETTER (OR WORSE) A PLAYER RUNS COMPARED TO THE LEAGUE, WHILE ALSO FACTORING IN HOW CONSISTENT THEY ARE WEEK TO WEEK.

👉 HIGHER = MORE YARDS AND MORE RELIABLE.

RJS RUSHER HIGHLIGHTS

EXPLOSIVE RUNNER OF THE WEEK

JUSTICE HILL
BALTIMORE RAVENS
STAT:
71 YARD TD RUN IN Q4 VS KC

WORKHORSE OF THE WEEK

CAM SKATTEBO
NEW YORK GIANTS
STAT:
25 CARRIES FOR 79 YARDS

"MORE WITH LESS" PLAYER OF THE WEEK

JUSTICE HILL
BALTIMORE RAVENS
STAT:
2.09 EPA PER CARRY
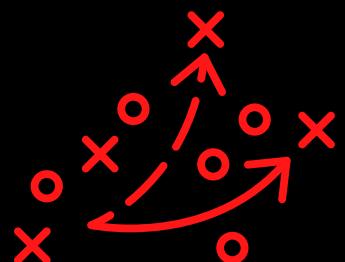
RJS TEAM EPA PER RUSHING ATTEMPT PER WEEK

NFL Teams' Mean EPA Per Rush by Week
Week 4 2025 Regular Season

Data via @nflfastR | Visualization by @nflplotR
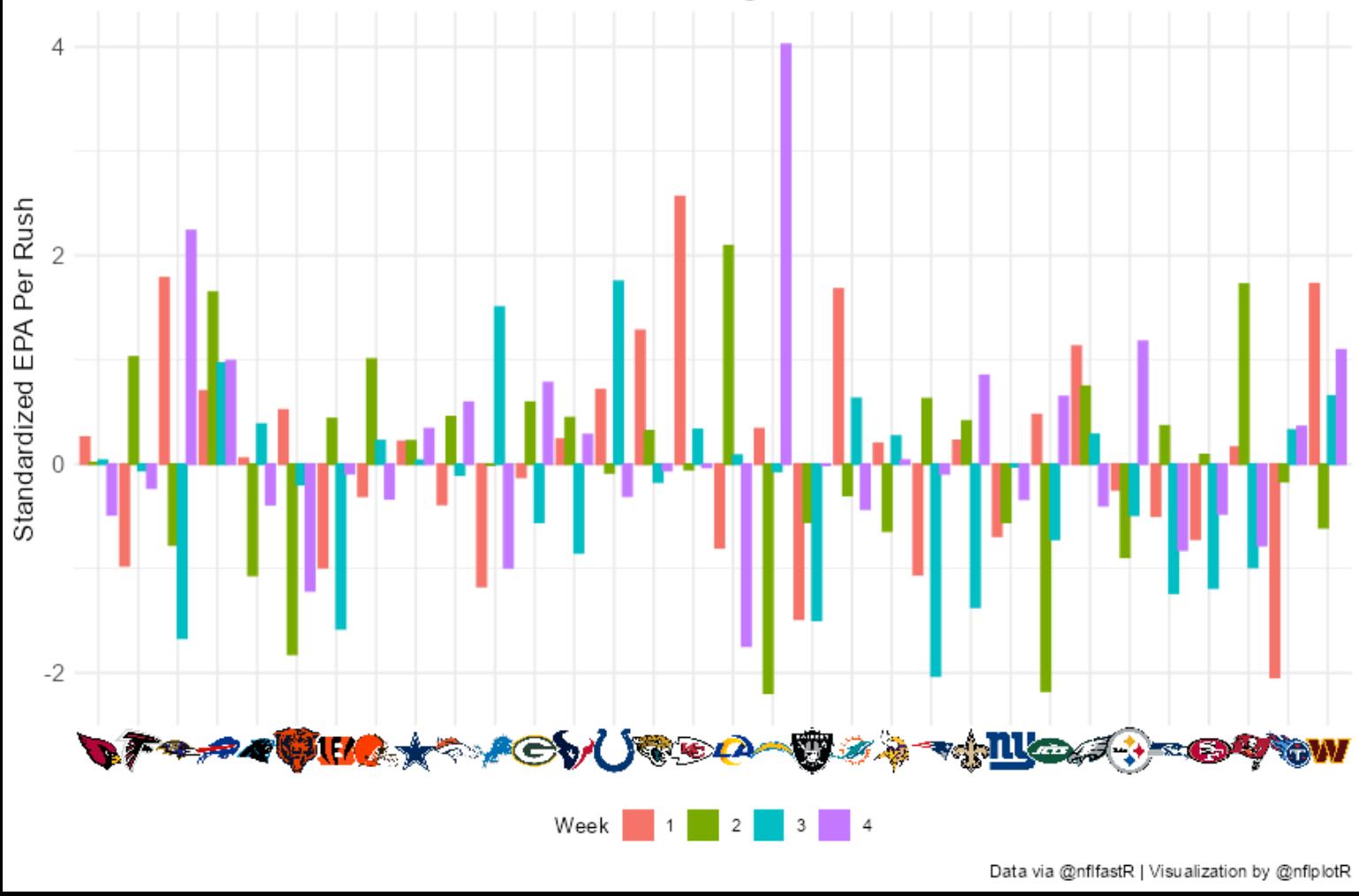
THE CHARGERS AND RAVENS HAD BIG IMPROVEMENTS IN EPA FROM WEEK 3 TO 4 (CHECK OUT BUFFALO, TOO!!).

TAMPA BAY AND NEW ENGLAND HAVE STRUGGLED ON THE GROUND THE LAST TWO WEEKS.

RJS MOST CONSISTENT RECEIVERS

Top 5 NFL Receivers by Receiving Consistency (RE Yards)
Week 4 2025 Regular Season

C.Sutton 0.88
G.Pickens 0.68
D.Metcalf 0.46
S.Diggs 0.45
G.Wilson 0.39

Relative Yards Per Catch

Data via @nflfastR | Visualization by @nflplotR
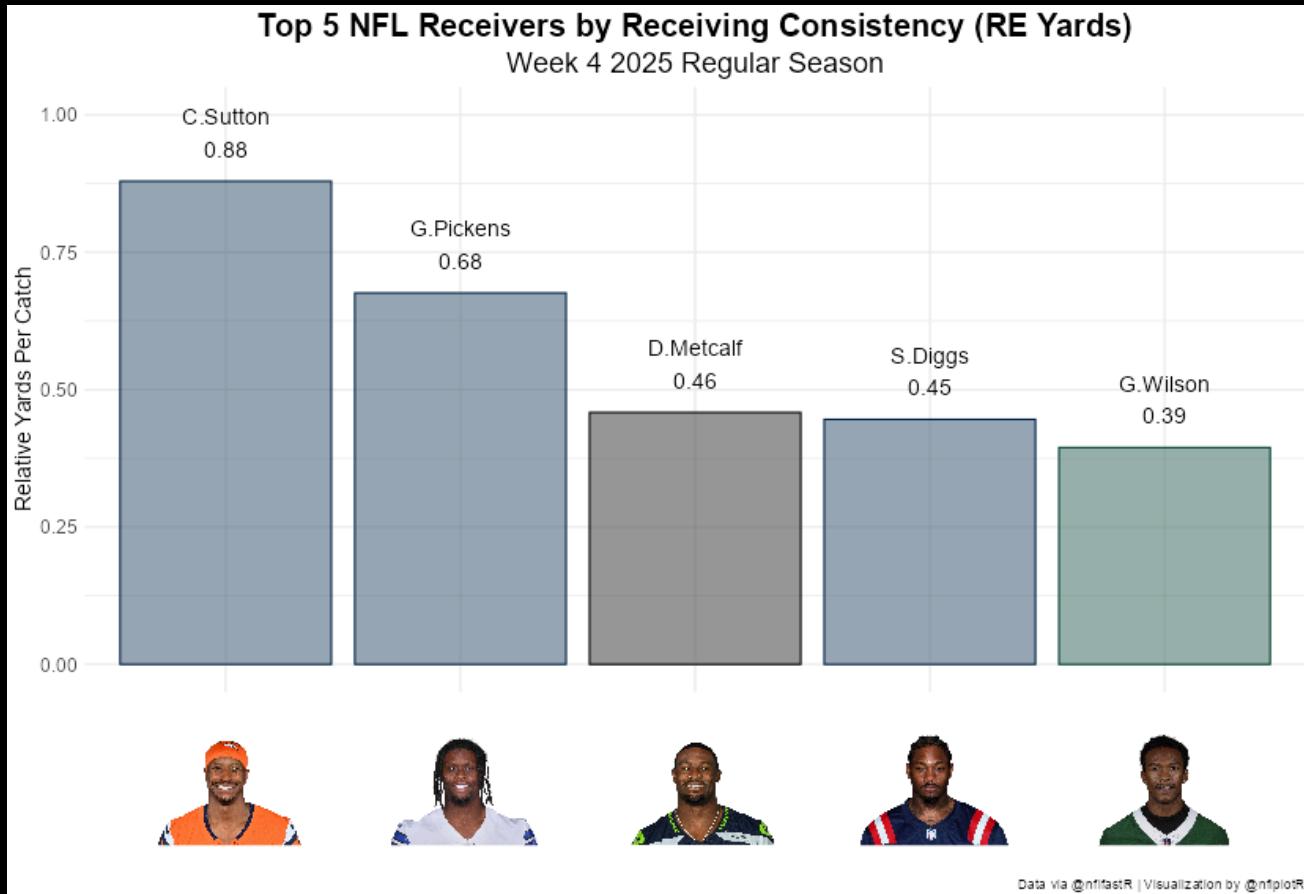
RELATIVE YARDS PER CATCH (RYPCA) MEASURES HOW MUCH A RECEIVER'S YARDS PER CATCH STACK UP AGAINST THE LEAGUE AVERAGE, ADJUSTED FOR CONSISTENCY.

👉 HIGHER = BIGGER GAINS AND STEADIER PRODUCTION.
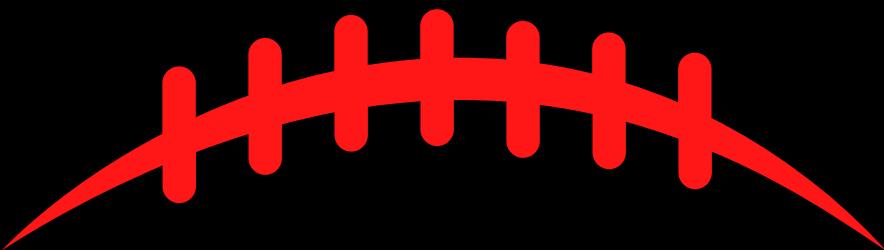
RJS RECEIVER HIGHLIGHTS

EXPLOSIVE RECEIVER OF THE WEEK

BIJAN ROBINSON
ATLANTA FALCONS
STAT:
67 YAC IN Q3 VS WAS

WORKHORSE OF THE WEEK

PUKA NACUA
LOS ANGELES RAMS
### STAT:
13 CATCHES FOR 170 YARDS

"MORE WITH LESS"
PLAYER OF THE WEEK

### HUNTER HENRY
NEW ENGLAND PATRIOTS
STAT:
2.80 EPA PER CATCH
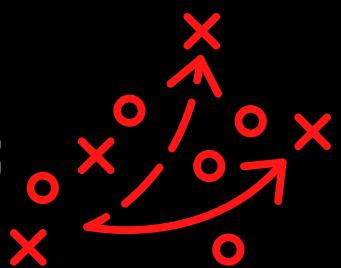
RJS TEAM EPA PER COMPLETION PER WEEK

NFL Teams' Mean EPA Per Completion by Week
Week 4 2025 Regular Season

Standardized EPA Per Completion

Week ■ 1 ■ 2 ■ 3 ■ 4

Data via @nfifastR | Visualization by @nflplotR
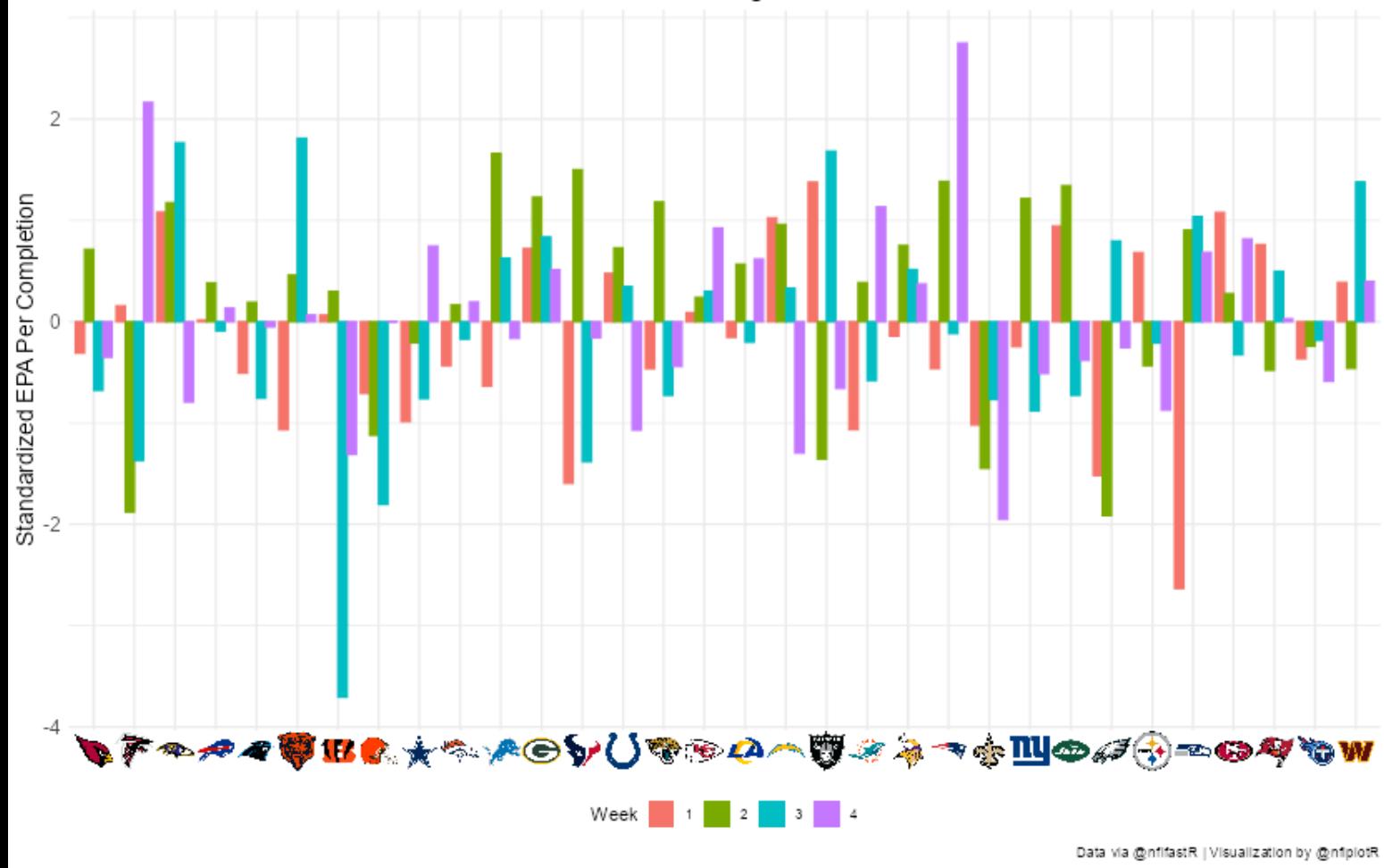
SEATTLE, ATLANTA, AND NEW ENGLAND ARE ALL TRENDING IN THE POSITIVE DIRECTION (WASHINGTON HAS BEEN SHOCKINGLY GOOD WITH THEIR BACKUP!).

CINCY, CLEVELAND, AND HOUSTON ARE ALL TRENDING DOWN (NEW ORLEANS IS ALSO ON WOOF ALERT).